

Our meat is sourced from a local farm and fish & vegetables from a local supplier. We need just 48 hours notice or 36 hours for larger orders.

Food is prepared ready to re-heat or cook through with no effort from you! Call to order or to have a friendly chat about our Catering Service. We also cater for weddings and any other celebration parties.

Additionally, we can provide a full event management service.



side dishes

Pilau Rice	£3.00	<small>serves 2</small>
Thai Rice	£2.50	
Lemon Rice	£3.00	
Potato Dauphinois	£4.00	
<small>Creamy sliced potatoes, part baked</small>		
Boulangere Potatoes	£3.50	
<small>Potatoes and onions cooked in stock with fennel seeds</small>		
Roasted Vegetable Couscous	£4.00	
<small>Roasted courgette, onion, aubergine and couscous</small>		
Herby Couscous	£2.50	
Sundried tomato and basil couscous	£3.50	
Hummus	£2.50	
Sundried Tomato Tapenade	£3.50	
<small>with rosemary, garlic and olives</small>		

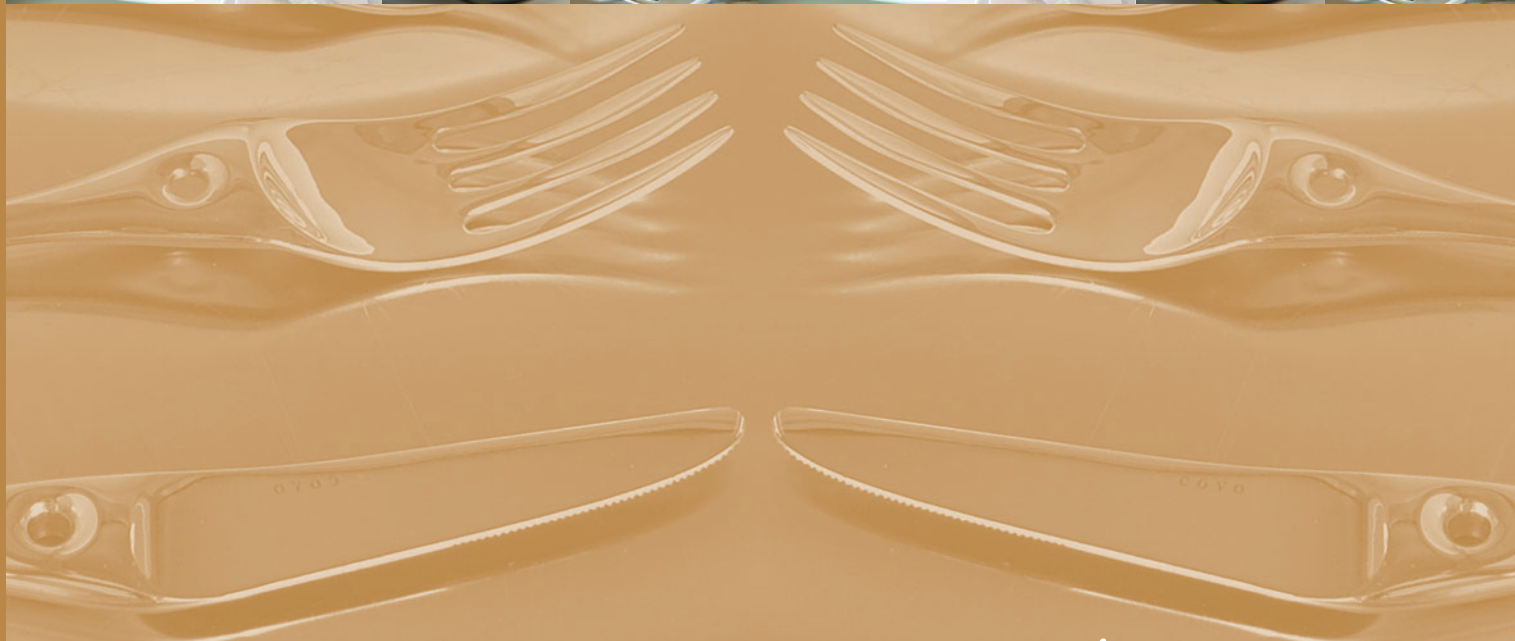


seriously
good food

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seriously
good food *at home*



*delicious home cooking
freshly prepared*

Seriously Good Food 'at home' is a premium food service offering delicious, fresh, home cooked food delivered to your door. Whether it's for the family, a dinner party or just to stock up your freezer!

main courses

meat dishes

	1 portion	2 portions	4 portions
Beef Lasagne Layers of mince and pasta topped with a creamy cheese sauce & cheddar cheese	£5.00	£8.00	£15.00
Beef Bourgignon Very tender slow cooked pieces of beef with lardons, baby onions and carrots in a rich sauce	£5.00	£9.00	£17.00
Chilli Con Carne Chunky pieces of tender beef with chilli, kidney beans, onions and tomatoes	£5.00	£8.00	£15.00
Cottage Pie Minced beef with a creamy mash topping	£5.00	£8.00	£15.00
Shepherds Pie Minced lamb with a creamy mash topping	£5.00	£8.00	£15.00
Moussaka Baked aubergines and cinnamon spiced lamb mince topped with creamy cheese sauce	£5.00	£8.00	£15.00
Melting Lamb Tagine Tender pieces of lamb slowly braised with 'warm spices', black kalamata olives, dried fruit, preserved lemon & fresh coriander	£5.00	£9.00	£17.00
Pork & Prune Casserole tender pork very slowly cooked with prunes in a Cider based sauce	£5.00	£9.00	£17.00

chicken dishes

	1 portion	2 portions	4 portions
Hunters Chicken Chicken pieces cooked in a red wine and mushroom sauce	£5.00	£8.00	£15.00
Poulet Basque Chicken pieces cooked in white wine, tomatoes, red peppers, onions and Chorizo	£5.00	£9.00	£17.00
Coq au Vin Chicken pieces cooked with lardons, onions, wine and mushrooms	£5.00	£8.00	£15.00
Stuffed Chicken Breasts Chicken breasts stuffed with sundried Tomato & Thyme		£8.00	£15.00

fish dishes

	1 portion	2 portions	4 portions
Creamy Fish Pie Salmon, smoked haddock, and cod with king prawns cooked in a creamy sauce topped with spinach and mashed potatoes	£6.00	£10.00	£19.00
Baked Salmon & Mango Fillets of salmon with a topping of garlic butter, coconut with warm spices and sliced mango	£8.00	£15.00	



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vegetarian dishes

	1 portion	2 portions	4 portions
Roasted Vegetable Lasagne Layers of roasted vegetables, lasagne and creamy cheese sauce	£5.00	£7.00	£13.00
Pumpkin, Spinach & Mozzarella Bake Roasted pumpkin, layered with Spinach & mozzarella	£5.00	£7.00	£13.00

curry dishes

	1 portion	2 portions	4 portions
Thai Red Chicken Curry Creamy spicy Thai curry	£5.00	£9.00	£17.00
Thai Red Vegetable Curry Creamy spicy Thai curry	£5.00	£7.00	£13.00
Thai Green Chicken Curry Piquant spicy Thai curry	£5.00	£9.00	£17.00
Thai Green Vegetable Curry Piquant spicy Thai curry	£5.00	£7.00	£13.00
Lamb Rogan Josh Tender beef in tomato, garlic & coriander sauce	£5.00	£9.00	£17.00
Indian Chicken Curry Creamy chicken curry	£5.00	£9.00	£17.00
Indian Vegetable Curry Creamy curry made with seasonal vegetables	£5.00	£7.00	£13.00